- 1. Must not wear hair touching the collar, should be out of the eyes, and sideburns clearly above the ear lobes.
- 2. Must abide by dress code.
- 3. Tattoos are strongly discouraged.
- 4. May have facial hair, but it must be neat and well groomed.
- 1. Must not wear any jewelry during practice or competitions.
- 2. Must wear hair according to coach's specification.
- 3. Must abide by dress code.

At home by 10:00 P.M. on weekdays and Sundays. Friday and Saturday – your parents will tell you!